

MINUTES

Employee Engagement and Wellness Committee

September 12, 2022

3:00-4:00pm

Members Present: Cathy Colella, Julia Fedeson, Charles Heidelberg, Bethann Talsma, Ashley Bergkamp,

1. Marketing Employee Newsletter Monthly Updates
 - It was noted that some corrections needed to be made to the Employee Newsletter and other areas that included the Meet-up Details.
 - A new webpage is now available via the Employee Portal under the HR section. It will now feature the committee offerings as well as new employee introductions, department features from newsletters, honoring retirements and years of service. (Wonder if we should include faculty and staff awards)?
2. Employee Recognition Tools: Cathy is developing a training exploring best practices for Employee Recognition that can be made available to KVCC Supervisors along with the Employee Recognition Toolkit items.
3. Winter Summit Ideas: The group discussed presenting at the Winter Summit. Discussion about some of the new developments that our committee has pushed forward. Perhaps a panel of our committee members can present highlights and include a fun or active feature.
4. Fall Meet ups:
 - Julia and Bethann will continue with the Euchre Meet up meetings.
 - Cathy will continue with the walk/meditate.
 - Frankie may have a new proposal at our next meeting involving Garage Band.
5. Wellness Center Employee Offerings: Discussion around cross-marketing efforts and also trying to schedule our meetup activities around the new lunchtime offerings at the Fitness Center or coordinating these offerings in terms of days and times.
6. Meditation and Wellness App Subscription Offerings: Ashley Bergkamp recommended that we look into a subscription such as Headspace for our employees (KPL makes this available to staff). She will look into this and report back.

Next Meeting: October 3 at 3:00pm via Zoom.