

## Employee Engagement and Wellness Committee

**Monday, January 10, 2022**

**3:00-4:00pm**

Recording of Meeting Via Zoom Here:

[https://zoom.us/rec/share/LnreDqK-](https://zoom.us/rec/share/LnreDqK-X3f7qsXcCOxt00WYqlaRZ1BtG8INSejNCxiO5gInpwTnTRi7Y6j05fkf.f24QrY_j2F82q_Ei)

[X3f7qsXcCOxt00WYqlaRZ1BtG8INSejNCxiO5gInpwTnTRi7Y6j05fkf.f24QrY\\_j2F82q\\_Ei](https://zoom.us/rec/share/LnreDqK-X3f7qsXcCOxt00WYqlaRZ1BtG8INSejNCxiO5gInpwTnTRi7Y6j05fkf.f24QrY_j2F82q_Ei) Passcode:

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*Members Present: Cathy Colella, Aaron Hilliard, Nathan Rickey, Charles Heidelberg, Chelsie Taylor, Terri Zirkle McDonald, BethAnn Talsma, Sara Tanis, Julia Fedeson. Members Absent: Jessica Potter.*

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### Minutes

1. Minutes from the December 10 meeting were approved.
2. Welcome new member Julia Fedeson, Office Manager SSS
3. Audit of what we currently do related to employee engagement: Currently, HR does not track employee engagement activities. This committee will be responsible for developing a method to communicate and maintain a listing of offerings. The group discussed what the meaning of employee engagement is, had a brief discussion about Gallup Strengths and how the college has used that system previously. The committee may recommend delving back into the use of Strengths. Some ideas were discussed: Team Mapping of Strengths, Team Activities involving strengths, door tags, and other strengths explorations.
4. Wellness activities that are currently offered: The group discussed the use of the incentive form that is currently posted on the HR Webpage. Questions as to the guidelines for using that form and how our committee might help get the word out. The group also talked about the offering done through the Food Innovation Center involving spring plants and the idea of wellness as it relates to working with planting, etc.
5. Special interest groups or clubs: The group talked about various options such as using meetup, creating an internal swap, book clubs, community reads, and volunteer opportunities.
6. Marketing ideas: Recommendation for a committee email so that employees can provide feedback and communication. Using the InFocus KVCC Newsletter, developing a webpage within the HR site.

### ACTION ITEMS:

1. Review the Strengths Materials on the Google Share Drive – (ALL)
2. Sara Tanis will be providing a write up for the spring plants activities (SARA)
3. Committee Email and Marketing Connection (Cathy)
4. Invite library rep (Ashley B) and new Wellness Center Manager (when they are hired) to be on committee (Cathy)
5. Narrow down “club” ideas for wellness (mind/body/spirit) and employee engagement. (ALL)